Representation of yourself

Although people say never to judge one another, sometimes we all judge a book by its cover. We make assumptions about people based on who they hang out with, where they work and what they post on social media accounts. In order to put your best foot forward, here are some tips to keep in mind.

Building a reputation

Always be wary of your surroundings. With the hype of social media, the risk of being associated with the wrong crowd can hurt your representation. Pictures can surface

in a matter of seconds, and the situation might not be as bad as the rumors or pictures show. In some scenarios, people will believe the false proof over your word. The best method to handle these situations is to prevent them entirely.



Tim Mardesen

Keeping your social media clean is too simple to skip over, and may help you land your dream job. Many employers go through applicants' Facebook accounts and Twitter posts. They may also loosely predict your work ethic by seeing how many posts you create in a day. The more posts you upload, the more likely your employer is to think you get distracted at work. Also, don't be afraid to use correct spelling and grammar, as they will look for that, too.

Being involved in local events can help you reach out to other people. Whenever you can, be outgoing and open-minded to others. This

is a good way to have people view you as a well-spoken and kind individual.

Community service, extracurricular activities and even contests at the National Junior Angus Show (NJAS) can be intimidating, but they are always more fun than you expect.

Also, being able to communicate with people of different generations will not only help you become well-rounded, but will also open hallways of opportunities for you to explore!

Lastly, always have a smile on your face. When I became a green coat, I was opened up to situations where it helps others to have an outgoing, positive attitude. Sometimes, positive moods can be contagious, and you may turn someone's day around. Imagine the days you feel blue and your friends come to cheer you up. Not to mention, you will appear confident. As the golden rule states, treat others the way you want to be treated.

— Tim Mardesen, Iowa

Angus juniors on national champion meat animal evaluation team

The Kansas State University (K-State) Meat Animal Evaluation Team won national champion honors in the 2016 Meat Animal Evaluation Contest in Lincoln, Neb. The team was recognized April 15 in Lincoln following the three-day competition.

Collectively, the team brought home K-State's first national title in the contest's 53-year history. The team is coached by assistant professor Travis O'Quinn and instructor Chris Mullinix, and assisted by graduate student Austin Langemeier, all in K-State's Department of Animal Sciences and Industry.

"We're proud of our students," said Ken Odde, professor and head of the department. "K-State has a strong tradition of judging team success, and it's exciting to have the accolades continue with the 2016 national champion meat animal evaluation title."

The event, previously known as the AKSARBEN contest, now rotates between host institutions across the country. The competition includes live market-animal carcass predictions and pricing, breeding-animal evaluation and meats judging competition, and truly serves as a capstone judging experience for students with its incorporation of so many industry-applicable concepts.

K-State was the championship team in the five categories: Market Animal Division; Meats Division; Breeding Division; Beef Division and Sheep Division, and was reserve champion team in the Swine Division.

Angus juniors on the team were **Michael Cropp,** Damascus, Md., and **Lauren Prill,** Wichita, Kan. Prill earned sixth overall and sixth in breeding, fourth in meats, eighth in beef, and eighth in sheep.

National Junior Recognition Program honorees

Sydnee Gerken, Cashion, Okla.; LeAnn Harward, Richfield, N.C.; and Wesly Johnson, Pipestone, Minn., have earned the National Junior Angus Association's (NJAA) Bronze and Silver awards, according to Jaclyn Clark, education and events director of the American Angus Association.

Gerken, the 18-year-old daughter of David and Cara Gerken, attends Kingfisher High School and is a member of the NJAA and the Oklahoma Junior Angus Association, which she currently serves as president and has also served as reporter, at-large director and royalty.

She has participated in local, state, regional and national shows and showmanship contests.

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NJAA BOARD OF DIRECTORS

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Visit the NJAA web site at www.njaa.info.

North Carolina Angus Ass'n Annual Meeting & Banquet, Feb. 13, Winston-Salem



► Earning their Bronze and Silver awards are (from left) **Riley Wood,** bronze; **Mary Wood,** bronze and silver; and **Justin Wood,** bronze and silver, all of Willow Spring. Also pictured is Chris Jeffcoat, American Angus Ass'n regional manager, presenting the awards.



► Elected to serve on the North Carolina Angus Junior board are (from left) Mary Wood, Willow Spring; Cara Smith, Pleasant Garden, president; Justin Wood, Willow Spring; Alyssa Goforth, East Bend; Lynae Bowman, Germanton; Ava Wood, Willow Spring; and Alex Cassavaugh, Lenoir.

► Missouri Angus Breeders' Futurity Show & Sale, Feb. 27, Columbia



►Junior showmanship was won by (from left) **Juliette Mead,** Barnett, reserve champion; and **Alexis Koelling,** Laddonia, champion.



▶ Receiving intermediate showmanship awards are (from left) Lauren Parks, Brookfield, reserve champion; and Garrett Schuering, Thompson, champion.



▶ Senior showmanship winners will represent Missouri at the National Junior Showmanship Contest in conjunction with the NJAS in Grand Island, Neb. Pictured are (from left) **Reba Colin**, Butler, second alternate; **Paige Birk**, Jackson, first alternate; **Cooper Sadowsky**, Eagleville, reserve champion representative; and **Brittany Eagleburger**, Buffalo, champion representative.

Missouri Angus Ass'n Annual Meeting & Banquet, Feb. 27, Columbia



► Elected to lead the Missouri Jr. Angus Ass'n are (from left) Cooper Sadowsky, Eagleville, secretary; Jera Pipkin, Republic, first vice president; Brittany Eagleburger, Buffalo, president; Reba Colin, Butler, treasurer; and Lauren Parks, Brookfield, assistant secretary.



▶ Presented by Curtis Long (left), Briarwood Farms, benefactor, individuals receiving the Missouri State Fair Carcass Show Awards are (from left) **Ashton Brockman**, Brookfield; **Reba Colin**, Butler; and **Chris Kahlenbeck**, Union. Also pictured is David Warfield, Briarwood Farms, presenting.



► Receiving Angus Foundation scholarships are (from left) Cooper Sadowsky; Brittany Eagleburger; Reba Colin; and Paige Birk, Gordonville.



► Left: Brittany Eagleburger (left) and Chris Kahlenbeck receive Outstanding Junior Member awards.

▶ Right: Alexis Koelling, Laddonia, won the Show Bull of the Year. The Feb. 2014 bull was LK Impression 1421 sired by Dameron First Impression.



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► Kentucky Angus Ass'n Annual Meeting & Banquet, Feb. 19, Louisville



► Kelby Burks, Park City, receives grand champion female and champion junior owned female honors at the Kentucky Sweepstakes.

▶ Right: Jacob Marksbury, Buffalo, receives reserve grand champion female and reserve champion junior owned female honors at the Kentucky Sweepstakes. Pictured are (from left) Rooter Gray, Jamie, Ellee and Jacob Marksbury, recipient.





►Tyler McGinnis, Shelbyville, receives grand champion bull and champion junior owned bull honors at the Kentucky Sweepstakes.



► Emily Johnson, Slaughters, receives reserve grand champion bull and reserve champion junior owned bull honors at the Kentucky Sweepstakes.



▶ Receiving bred-and-owned female honors are (from left) Corbin Cowles, accepting for Caroline Cowles, Rockfield, first; Kaitlin Fouts, London, second and third; Logan Boyd, May's Lick, fourth; and Kalli Flanders, Buffalo, fifth.



▶ Receiving bred-and-owned bull honors are (from left) **Bryanna Smith**, Russell Springs, first; **Makayla Jeffries**, Horse Cave, second and fifth; **Les-lie Craig**, Harrodsburg, third; and **Tyler McGinnis**, Shelbyville, fourth.



► Cow-calf awards are received by (from left) **Makayla Jeffries**, first; and **Reese Johnson**, Slaughters, second.



► Leslie Craig, Harrodsburg, receives the Kentucky Junior Premier Exhibitor award.



▶ Elected to serve on the Kentucky Jr. Angus Ass'n board are (seated, front row, from left) Leslie Craig, treasurer; Corbin Cowles, Rockfield, vice president; Kaitlin Fouts, London, president; Josh Jasper, Nicholasville, second vice president; Kelby Burks, Park City, reporter; (standing, back row, from left) Catherine Cowles, Rockfield; Bradshaw Smoot, Campbellsville; Makayla Jeffries, Horse Cave; and Abigal Smoot, Campbellsville.



► Catherine Cowles was crowned the Kentucky Angus princess.



► Reese Johnson (left) and Ruth Myers (right), Harrodsburg, receive the Retiring Junior Member Award.



► Receiving owned female honors are (from left) Leslie Craig, first and second; and Abigal Smoot, fourth.



► Receiving steer honors are (from left) **Kaitlin Fouts,** first; and **Lily Jeffries,** Canmer, second.

► Western Regional Jr. Angus Show, April 2, Reno, Nev.

▶Right: Receiving peewee showmanship awards are (from left) Braden Wheeler, Paso Robles, Calif.; and Kyrstyn Abell, Bend, Ore. Presenting the awards are (back row, from left) Hayley DeHann, 2015 Miss Western States Angus; Sara DeYoung, 2016 Miss Western States Angus and Miss Washington Angus; and Sarah Clymore, Miss Oregon Angus.





▶ Receiving junior showmanship awards are (from left) **Rylee Prechter,** Grass Valley, Calif., reserve champion; and **Kathryn Coleman,** Modesto, Calif., champion.



► Receiving intermediate showmanship honors are (from left) **Kallie Knott**, Laotto, Ind., reserve champion; and **Hailie Conley**, Plainfield, Ont., champion.



► Receiving senior showmanship awards are (from left) Cory Predoehl, Omak, Wash., reserve champion; and Haley Herzog, Robinson, Texas, champion.



► Macy Perry (right), Prather, Calif., receives the Premier Junior Breeder award from Miss American Angus Jera Pipkin.



► Hayley DeHann (right), McMinnville, Ore., receives her Bronze and Silver awards from Katlyn Tunstill, National Junior Angus Board membership director.



► Angus royalty are (from left) Sarah Clymore, Madras, Ore., Miss Oregon Angus; Jera Pipkin, Republic, Mo., Miss American Angus; and Sara DeYoung, Snohomish, Wash., Miss Western States Angus.

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► NEXT GENERATION

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At the NJAS, Sydnee participated in the public speaking contest and the All-American *Certified Angus Beef*® (CAB®) Cook-Off. She was also a participant in the mentoring program in 2007, 2008 and 2010. In 2012 and 2014 she participated in the Leaders Engaged in Angus Development (LEAD) conference and was also a participant in the 2015 Raising the Bar conference.

Sydnee has consigned cattle at the Pollard Farms Sale and is actively involved with her local 4-H club and FFA chapter.

Harward, the 18-year-old daughter of

Northern Virginia Angus Ass'n Annual Meeting & Banquet, Feb. 20, Boyce



► Helena St. Clair (right), Berryville, receives the Top Junior Award from Linda Alexander.

Marcus and Patty Harward, attends Gray Stone Day School and is a member of the NJAA and the North Carolina Junior Angus Association, which she has served as vice president, secretary, reporter, director and royalty.

She has participated in local, state, regional and national shows and showmanship contests.

At the NJAS, LeAnn participated in the photography, team fitting, quiz bowl, livestock judging and poster contests and the All-American CAB Cook-Off. She also

served as a voting delegate in 2013.

Johnson, the 18-year-old son of Glenn and Sherri Johnson, attends Pipestone Area School and is a member of the NJAA and the Minnesota Junior Angus Association, which he has served as treasurer and director.

He has participated in local, state and national shows. At the NJAS, Wesly participated in the mentoring program in 2010-2011.

Editor's Note: This column is compiled by Senior Associate Editor Kasey Brown. She can be reached at kbrown@angus.media or 816-383-5277

Louisiana Angus Ass'n Annual Meeting & Banquet, March 11, LeCompte



►Left: Morgan Fruge, Jennings, and Clayton Simmons, Bossier City, received the Landon Hays Memorial Scholarships. Pictured are (from left) Lani LeBeouf, Louisiana Angus princess; Morgan Fruge, recipient; Clayton Simmons, recipient; and Faith Guice, Miss Louisiana Angus.

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